

ANNUAL REPORT 2025-2026

**1. INTRODUCTION**

*"Together, we learn. Together, we grow. Together, we succeed"*

As yet another academic year draws to a close; it's my privilege to present to you an account of our progress, achievements, aspirations and challenges as I read to you the 29th annual report of Sacred Heart English Medium School. As we share the yearly updates of our activities, we take the modesty to say that we did our best to do as we had planned and we are proud of our students and teachers who strive hard to achieve beyond expectations. We have focused on the holistic development of the students.

We have always been committed to create an environment in the school which helps the young minds to blossom, and provide a platform for individual thinking and holistic development of the child's personality, as academic session witnesses repositioning, restructuring & refocus. As yet another academic year draws to a close; it's my privilege to present to you an account of our progress, achievements, aspirations and challenges as I read to you the 29th annual report of Sacred Heart English Medium School. With your permission, I now present the Annual Report for the year 2025-26.

**2. ABOUT THE SCHOOL**

Sacred Heart English Medium School is run by the CST Educational and Charitable Trust of the Congregation of St. Theresa. The school has been making steady progress in every sphere of education since its inception in 1996. The school envisages imparting holistic and value based quality education to usher in excellence amongst its learners. The school is devoted to provide sound intellectual, moral, social and cultural nourishment to all its students irrespective of cast, creed or religion. The school is committed to provide quality education to promote intellectual, social and cultural exuberance among its learners.


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**INFRASTRUCTURE AND FACILITIES**

The School infrastructure plays a key role and supports the teaching -learning process. Our School library has a wide range of books, periodicals, informative magazines which provide wide range of information to students. Students experiment and explore patterns and ideas with the collection of games, puzzles and other teaching aids in the Maths Lab. Physics, Chemistry and Biology labs are stocked with the latest and required equipment

  
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to enable students grasp each and every concept thoroughly as per the latest CBSE curriculum. Computer lab enhances scientific and technological research and invention capacity of students. The lab is equipped with 40 LED Computers that cater to the needs of the students. They get first-hand experience in Artificial Intelligence Projects through the AI Lab and Psychology Lab helps them to do assessments psychologically. Important academic related messages, circulars, notices etc. are conveyed to parents through the School app, Whatsapp groups and through the school website.

The safety and security of the students is given prime importance. CCTV cameras are installed at all the strategic points and are continuously monitored. Fire Extinguishers and Fire hose pipes are maintained to ensure the safety of students if there is a fire outbreak. This year, interactive panels have been installed in most of the classrooms to enhance the teaching-learning experience.

### **3. ACADEMIC EXCELLENCE & ACHIEVEMENTS**

Achieving academic excellence is at the heart of endeavour of all educators and academic institutions. An important measure of this pursuit is how the institution has performed, the most important of which is the Annual, School-ending examinations conducted by the CBSE. We are proud to acknowledge that we had an excellent result in academics, co. curricular and extracurricular activities throughout the session. I proudly place before you the achievement of our students and progress of our school where all our staff is committed and dedicated. "The whole purpose of education is to turn mirror into windows."

The classes X & XII who appeared for the 2024-25 board examination passed out with flying colours. We achieved 100% results in both. In Class X, out of 39 students who appeared, 32 secured distinction and 7 achieved first class. Master Kevin Joby secured the first position with 99%, followed by Master Paul Bonny Thelakkat with 97.4% and Kum. Lakshmi Krishna K.A with 97.4% in the Class X Board Examination 2025. In Class XII, all 38 students who appeared secured distinction. In the Science stream, the school toppers are Kum. Anna Rose Antu with 97.6%, Kum. Elizebeth Johny with 97.2%, and Kum . Joanna Maria Jimson stood third with 93%. In the Commerce stream, Mast. Abel Joby emerged as the topper with 96.8%, followed by Kum. Anitta Mathew secured the second position with 91%.

### **4. PARENT TEACHER ASSOCIATION**

The Parent-Teacher Association (PTA) of Sacred Heart English Medium School plays a significant role in strengthening the partnership between parents, teachers, and the school management, thereby supporting the overall development of students. The PTA actively collaborates with the school in organizing academic, co-curricular, and student welfare initiatives throughout the academic year. Regular meetings and interactive sessions provide a constructive platform for sharing feedback, discussing student

progress, and addressing educational needs in a systematic manner. The association also extends its support in conducting awareness programmes and activities that promote students' well-being and holistic growth. The school places on record its sincere appreciation for the continued cooperation and dedicated involvement of PTA members in fostering a positive, inclusive, and progressive learning environment.

#### CLASS PTMs

Class-wise Parent-Teacher Meetings for all classes were conducted from **16th June 2025 onwards**. The School Administrator presided over all the sessions, which provided an effective platform for meaningful interaction between parents and teachers. During these meetings, class-wise parent representatives were selected. In the subsequent **PTA Election**, **Mr. Sino Paul** and **Ms. Jophina Shanto** were elected as the **PTA President** and **Vice President**, respectively.

The school plays great importance on maintaining a cordial relationship with parents. In almost all school activities, parents render selfless service and support us with their valuable suggestions. The periodically scheduled Open House meetings facilitate effective two-way communication between teachers and parents, providing an excellent platform for face-to-face interaction on all matters concerning the progress of the students.

#### **5. SMC DECISIONS 2025-26**

At the commencement of the academic year 2025-26, the School Management Committee (SMC) convened a meeting and made several important decisions aimed at enhancing the overall development of the institution and improving student facilities. The key decisions taken are as follows:

- The Committee resolved to construct a **new park and play area** exclusively for Kindergarten children to promote joyful learning and physical development.
- It was decided to make the school campus more **environment-friendly** by planting saplings and trees and by creating additional shaded areas within the campus.
- The SMC approved the introduction of **interactive panels in all classrooms** to facilitate a modern, integrated, and technology-enabled teaching-learning process.
- Regarding the selection of PTA members, the Committee decided that:
  - Once a parent becomes a PTA representative, the next opportunity for selection will be only after **three years**.
  - Only **one representative from each class** will be selected to the Executive Committee.
  - **At least 50% of the representatives shall be women**, ensuring fair representation.
- The SMC decided that it holds the authority to increase the school fees by up to 5% annually, if required, based on institutional needs and circumstances, without prior intimation to the parents and the Executive Committee.

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## 6. SPORTS ACHIEVEMENTS 2025-26

### • CENTRAL SCHOOL DISTRICT ATHLETIC MEET

The Central School District Athletic Meet was held at **M.A. College, Kothamangalam**, on **24 November 2025**, showcasing the impressive talents of young athletes. **Master Adithyan K. S.** delivered an outstanding performance in the **Shot Put**, earning a **gold medal** in the Under-19 boys' category. Adding to the school's achievements, **Master Devkrishna** secured the **gold medal** in the **800m race** in the same category. In the field events, **Master Sreehari Sumesh** excelled by winning the **silver medal** in the **Long Jump** and adding a **bronze medal** in the **High Jump**, both in the Under-19 boys' category. Representing the Under-17 girls, **Kumari. Annet Mariya Sebastian** showcased great potential by earning a **bronze medal** in the **Long Jump**. These remarkable achievements highlighted the dedication, skill, and sportsmanship of the young athletes who proudly represented their school.

### • KOCHI METRO SAHODYA ATHLETIC MEET

It was indeed a proud moment for the entire SHEMS fraternity as we secured the First Runner-up position with 191 points in the Sahodaya Athletic Meet which was conducted with great enthusiasm and vibrancy at Viswajyothi Public School, Angamaly. Students from all categories participated wholeheartedly, showcasing commendable athletic skills, teamwork, and true sportsmanship. A total of 61 students represented our school, contributing to this remarkable achievement. We proudly recognize **5** students who secured gold medals through their outstanding athletic performance. We secured **28 silver medals** across various categories. We earned **17** Bronze medals across various track and field events in different categories, reflecting the commendable athletic abilities of our students.

### • SHEMS GRAND MASTER CHESS CHAMPIONSHIP

The *SHEMS Grand Master Chess Championship* was conducted with great enthusiasm, showcasing the strategic skills and sportsmanship of our students. The event witnessed active participation from various classes, and the players demonstrated remarkable focus, discipline, and competitive spirit. The winners were awarded certificates and trophies, making the event a memorable highlight of the academic year.

## 7. EFFORTS IN THE FIELD OF ENVIRONMENTAL EDUCATION

The school remains committed to promoting environmental awareness and sustainable practices among students. During the academic year, awareness sessions were conducted on important topics such as the Preservation of the Ozone Layer to instill environmental responsibility in young minds. In addition, several tree plantation initiatives were undertaken, with numerous trees and saplings planted across the campus to enhance greenery and ecological balance. These efforts reflect our dedication to nurturing environmentally conscious citizens and creating a greener, healthier school environment.

## World Environment Day

World Environment Day was celebrated on 5th June 2025 with great enthusiasm. The programme was inaugurated by Ms. Neethu, Agricultural Officer, Mookkannur. As part of the celebration, she planted saplings in the campus, inspiring students to cultivate love and responsibility towards nature. Various activities promoting environmental awareness were also conducted, making the day meaningful and impactful.

## 8. CULTURAL ACTIVITIES AND ACHIEVEMENTS

### KOCHI METRO SAHODAYA KALOTSAV

More than 40 students actively participated in the Sahodaya Kalotsav held at Rajagiri Public School, Kalamassery from Oct. 2<sup>nd</sup> to 5<sup>th</sup>. Kum. Alin Elsa Sabu secured 2<sup>nd</sup> prize in Cat 2 Malayalam Recitation. Most of the other students secured A and B grades in the Kalotsav. The Sahodaya level winner Kum. Alin Elsa Sabu took part in the State Kalotsav held at Labour India Gurukulam Public School, Marangattupally and secured A grade.

## 9. HUMAN RESOURCE AND ENRICHMENT ACTIVITIES.

### • **Professional Development Programme**

We place great emphasis on the ongoing professional growth of our teaching faculty through a well-planned Continuous Professional Development (CPD) programme. During the academic year, our teachers actively participated in a variety of workshops, seminars, and training sessions aimed at strengthening their pedagogical practices and deepening subject expertise. These initiatives have enabled our educators to stay aligned with emerging educational trends and innovative teaching methodologies, thereby enhancing the overall learning experience of our students. The wholehearted participation and positive attitude demonstrated by our staff highlight their strong commitment to academic excellence and continuous improvement.

### • **Seminars and training programme**

Various training sessions, Career Guidance programme, Seminars, etc. were conducted for the students of all sessions in order to motivate and equip them with various skills. Career guidance class was organized for the students of plus two. Students with special needs are identified and monitored by class teachers and subject teachers. Such students are then regularly counseled by the school counselor **Sr. Sherin C S N**.

### • **Teacher empowerment programme and training**

Staying updated is the key to success in the field of education. Our teachers constantly strive to stay updated, by attending workshops and various training programme by CBSE and publishers like Oxford and Headword. All the Teachers

  
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attended the Capacity Building Programme conducted by CBSE in their own subjects.

## 10. AWARENESS PROGRAMMES & COMPREHENSIVE HEALTH PROGRAMMES.

- Under the guidance of the various safety and protection committees functioning in the school, several orientation and training sessions were conducted for the students. These programme aimed to create awareness and equip students with essential life skills. Sessions were held on topics such as the **Preservation of the Ozone Layer, Emergency Life Hacks and Support, Career Motivation**, and other relevant areas. These initiatives helped students develop responsibility, confidence, and a deeper understanding of important environmental and life-oriented themes.
- In observance of Mental Health Day, a special assembly was organized during which Dr. Anu Sobha, Psychiatrist MAGJ Hospital, addressed the students on the importance of nurturing mental well-being from childhood onwards. Her insightful session helped create awareness about emotional health and coping skills.
- On 8th October, in connection with World Eyesight Day, the Department of Optometry from Little Flower Hospital conducted a comprehensive eye check-up for all students. Proper prescriptions and guidance were provided wherever necessary, ensuring timely support for students' visual health.

## 11. INNOVATIONS

Our school continues to promote innovation in education by integrating advanced technology into the learning process. This academic year, we established a dedicated Artificial Intelligence (AI) Lab and introduced AI education for students from Grades VI to XII. The programme focuses on experiential learning, providing students with ample opportunities for hands-on practice and real-world application of emerging technologies. This initiative aims to nurture creativity, critical thinking, and future-ready skills, preparing our learners to confidently meet the demands of a rapidly evolving digital world.

## 12. SCHOOL ACTIVITIES

### • KG CONVOCATION

The Kindergarten Convocation was held on March 29<sup>th</sup>, 2025. Fifty Six students were graduated on that day. Rev. Bro. George Kottaramkunnel CST, Ashram Superior, was the Chief Guest on the occasion. The chief Guest honoured the students by giving certificates.

### • SCHOOL PARLIAMENT ELECTION AND INVESTITURE CEREMONY

The School Election for selecting skilled and responsible student leaders was conducted on **4th July 2025** under the guidance of the **Social Science Department**. Students from

**Classes 5 to 12** cast their votes through a **digital e-voting platform**, making the entire process truly innovative and unique. This modern system ensured transparency, efficiency, and enthusiastic participation from all students.

Four houses—**Darwin, Einstein, Faraday, and Newton**—were established to organise and coordinate various co-scholastic activities throughout the academic year. On **11th July 2025**, SHEMS conducted its **Investiture Ceremony**, a solemn occasion that marked the formal induction of the newly elected student leaders.

**Mr. K. P. Sidheek**, Station House Officer, Traffic Station, Muvattupuzha, conferred the badges and vested authority in the office bearers. **Master Alan P. Shiju** and **Kum. Lakshmi K. A.** of Class XI were appointed as the **Head Boy** and **Head Girl**, respectively. **Mast. Ajo Baiju** and **Kum. Christy Shanto** assumed as the **Vice Head Boy** and **Vice Head Girl**. House Captains and Class Parliament Leaders were also honoured during the ceremony by our esteemed parent Police officials — **Mr. Biju K.K, and Ms. Sreeja E. D.** The event inspired a sense of responsibility, leadership, and dedication among the young leaders of our school.

- **SCHOOL REOPENING**

With high expectations and academic dreams, the Sacred heartians began their journey through the year 2025 - 26 on 2nd June 2025. Principal in charge along with the staff warmly welcomed the students back to a new academic year in a very gracious and prayerful atmosphere. Dr. Biju CV, Principal of Nirmala Engg. College, Meloor, was the Chief Guest on the occasion. The Kindergarten sections reopened on 9th June with the traditional *Vidyarambham* ceremony headed by Rev. Bro. George Kottaramkunnel CST, Ashram Superior

- **SACRED HEART FEAST**

We observed the Sacred Heart Feast Day on 27<sup>th</sup> June 2025 and on the same day the school blessing ceremony was also held by Rev.Fr.Mathew CST.A Holy Mass was celebrated in the Little Flower Ashram church by Rev. Fr. Jose Pollayil vicar, St. Mary's Forane Church, Mookkannoor

- **SCHOOL KALOTSAV**

We conducted the school Kalotsav **KALATMIKA 2K25** on 1<sup>st</sup> and 2<sup>nd</sup> August. The fest was inaugurated by Sri. Ashkar Saudan, Film Actor who is nephew of Mega star Sri. Mammooty.A number of On stage and Off-stage items were conducted on these two days and prizes and certificates were awarded to all the winners. Faraday house bagged the championship trophy and Einstein house became the first Runner up, Darwin House became Second Runner up. The Kindergarten Arts Fest was held on the 4th and 5th of August. A wide range of off-stage and on-stage competitions were conducted, providing our little ones with wonderful opportunities to showcase their talents and creativity. The

  
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(SENIOR SECONDARY)  
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event witnessed enthusiastic participation from all children, making the fest vibrant and memorable.

- **SCHOOL ATHLETIC MEET**

The Annual Athletic Meet ZEALOUS 2K25 was held on 26<sup>th</sup> and 27<sup>th</sup> of September. Lt Dr LISHA CR assistant Prof. Sree Sankaracharya University of Sanskrit Kalady inaugurated the Sports Meet. The March past conducted by the Sacred heartians was a spectacular one. Our students performed an aerobic dance which was mind blowing. Approximately 350 students participated in various track and field events. All the winners were honoured with medals and certificates. Einstein House emerged as the Champion, Newton House secured the First Runner-up position, and Darwin House earned the Second Runner-up title. Kindergarten Sports meet was held on 29<sup>th</sup> September 2025. The event featured a variety of fun and engaging sports activities designed to promote teamwork, coordination, and a spirit of healthy competition among our young learners. The enthusiastic participation of the children, along with the support of teachers made the day lively, energetic, and truly unforgettable.

- **NATIONAL READING DAY AND YOGA DAY**

National Yoga Day and Reading Day were celebrated in a combined manner on 21st June. The programme was graced by Shri K. N. Vishnu Master, Secretary of the V. T. Bhattathirippad Smaraka Trust, who served as the chief guest. He addressed the students on the importance of reading in shaping young minds. Various activities were organised to promote both yoga and reading habits among students, making the celebration both enriching and remarkable.

- **INDEPENDENCE DAY CELEBRATION**

The 79th Independence Day of our nation was celebrated on 14th August 2025 with great patriotic fervor. Lt. Dr. Prasad Joseph Cheeran, Professor of Computer Science and Engineering at FISAT, hoisted the National Flag and inaugurated the celebrations. The occasion was enriched with various performances and competitions that showcased the students' talents and deepened their love for the nation.

- **TEACHERS' DAY & ONAM CELEBRATION**

Teachers' Day and Onam were celebrated with great pomp and gaiety on 29th August 2025. The day began with a warm welcome to the teachers by the kindergarten children, followed by a special honouring ceremony in which the Management and students expressed their appreciation through gifts and tokens of love.

In the afternoon, as part of the Onam festivities, a variety of traditional events were conducted, including the house-wise Tug of War competition and a vibrant *Sinkari Melam*, which added colour and energy to the celebrations. Payasam was distributed to all the children, bringing an added touch of sweetness to the festive atmosphere. The

entire programme beautifully reflected the spirit of unity, joy, and cultural richness that Onam embodies.

- **CHILDREN'S DAY CELEBRATION**

Children's Day was celebrated on 14th November with great joy and splendour. Rev. Br. George Kottaramkunnel CST presided over the function. The celebration was further by our distinguished alumni—Adv. Alna P. Salvi, Adv. Sandra Mariya Benny and Adv. Emil Jijo—who inaugurated the event. The highlight of the morning session was the delightful entertainment programme presented by our teachers, which included songs, dance performances, a skit and Oppana, bringing immense excitement and happiness to the students.

In the afternoon, a grand class party was organized by all students from KG to Class XII. The class party was officially inaugurated by cine artiste Ms. Thankam Mohan, who delivered a meaningful inaugural address emphasizing the importance of consuming homely and healthy food over junk food. Students enthusiastically enjoyed the wide variety of dishes prepared for the occasion.

- **LITTLE HEARTZ FIESTA**

As a new initiative, the school organized *Little Hertz Fiesta*, a vibrant event designed for children below the age of six from in and around the Mookkannur Panchayat. Various creative and innovative competitions were conducted to showcase their talents and to identify the "Smart Kid." A large number of prizes and gifts were distributed not only to the winners but also to all the participants, ensuring that every child felt encouraged and celebrated. The programme received enthusiastic participation and provided a joyful platform for young children to explore and express their abilities.

- **ENGLISH FEST LIT FIESTA SEASON 2**

The English Department organized **LIT FIESTA 2024**, an English Fest designed to foster a love for the English language among students. A variety of competitions—including Vocabulary Test, Poster Making, Handwriting Competition, Quiz, Show and Tell, and Speech—were conducted for different class levels. Students participated with great enthusiasm and showcased their talents across all events. Medals and certificates were awarded to the winners, making the fest both enriching and cherishable.

- **PICNICS**

Picnics are undertaken annually to cater to the enthusiasm of the students towards school life on our school. This year the KG students went to the Chittilappilly Square, Thrikkakara, Ernakulam and Classes I and II went to LULU MALL, Edappilly on 29<sup>th</sup> October 2025. Classes III and IV went to SILVER STORM AMUSEMENT PARK, ATHIRAPPILLY and VII and VIII went to WONDERLA, KOCHI on 31<sup>st</sup> October 2025, Classes V and VI went to MALAMPUZHA DAM & FANTASY PARK on 30<sup>th</sup>

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October 2025 and Grade IX and XI went to HYDERABAD on 1<sup>st</sup> of February 2026. Teachers accompanied the students and these trips have inculcated a spirit of teamwork and self-reliance in the students and they got a hands-on experience of acquiring knowledge from the world around them.

### CONCLUSION

This academic year, we collectively moved a step closer to our vision. Though many more steps lie ahead, they are certainly within our reach. The year brought several meaningful changes, and as we know, change often comes with growing pains. Yet, through every experience, we have grown stronger and more determined. As rightly said, *“The secret of all great undertakings is hard work and self-reliance.”*

All the achievements of the school have been made possible through the cooperation of our highly qualified and dedicated faculty. We extend our heartfelt gratitude to the school management for their constant support, wise guidance and encouragement. I also convey my sincere thanks to all parents and well-wishers who have consistently offered their unwavering support in our endeavour to mould confident, knowledgeable and capable students.

To encapsulate the essence of SHEMS, we nurture every child to observe, explore, experiment, probe, analyze, confront challenges and discover solutions—ultimately developing the essential skills needed to embrace the future with confidence.

Thank you

Anitha Emerse  
Principal

  
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