

CCPI 2023 @ Hyderabad

24th National Conference :September 22–24, 2023

**Montfort Provincial House & MSI, Uppal, Hyderabad,
Telangana**

Theme: *Multidimensional Therapeutic Approaches to Pain and Trauma*

The 24th CCPI National Conference brought together psychologists, mental health professionals, and experts to explore holistic strategies for addressing pain and trauma—issues made more urgent by current crises such as the unrest in Manipur.

Day 1 opened with Holy Mass, followed by the **Presidential Address** by Fr. Thomas Mathilakathu CMI, tracing CCPI's role in national mental health initiatives. Former IAS officer Mrs. Minnie Mathew, in her **Inaugural Address**, highlighted the need for multidisciplinary interventions. Dr. A. Anupama's keynote stressed integrating psychological, medical, and spiritual perspectives. Dr. Diana Monteiro introduced Emotion-Focused Therapy as a means to process trauma-related emotions. The day closed with networking over dinner and team-building activities.

Day 2 began with Mass and featured sessions on **Art Therapy** (Ms. Saher Ali), **Psychological Aspects of Pain** (Dr. Evelyn Supriya James), and **Trauma Recovery** (Dr. Soumya Madabhushi), blending creative, clinical, and mindfulness-based methods. An afternoon city tour of Hyderabad added cultural enrichment.

Day 3 included a **Panel Discussion** on psychologists' community roles in trauma care, with insights from Manipur crisis interventions by Bro. Varghese and Fr. Prince. Dr. Anand Jayaraman presented on **AI in Mental Health**, exploring predictive analytics, personalized care, and ethical considerations.

The **General Body Meeting** reviewed CCPI's annual activities, with reports from Dr. Sr. Beena SABS and regional representatives. Fr. Mathilakathu expressed gratitude to organizers, especially Dr. Monteiro and Fr. Bala, for their meticulous planning. The event closed with mementos, certificates, and a vote of thanks by Dr. Sr. Agnes.

The conference successfully deepened professional collaboration, blending intellectual rigor, cultural appreciation, and spiritual grounding to strengthen CCPI's mission in advancing mental health care across India.

Inaugural Ceremony
Mrs. Minnie Mathew IAS

Key note address by

Dr. A. Anupama
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[Click here to register](#)

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**CONFERENCE OF CATHOLIC
PSYCHOLOGISTS OF INDIA
(CCPI)**

24TH NATIONAL CONFERENCE

**Multidimensional
Therapeutic
Approaches to
Pain and Trauma**

**SEPTEMBER
22ND - 24TH, 2023**
@
**MONTFORT PROVINCIAL
HOUSE & MSI, UPPAL,
HYDERABAD, TELANGANA**

Conference Speakers

Dr. Diana Monteiro,
Director, The
Hyderabad Academy of
Psychology

Ms. Saher Ali, M. Sc
Holistic Psychologist,
Totums Art Studio.

Dr. Soumya Madabhushi,
Founder, Aamani
Wellness Enterprise

**Dr. Evelyn Supriya
James**, Family
Medicine & Palliative
Care, James Clinic

Dr. Anand Jayaraman,
Program Director, "AI in
Financial Markets" at NSE-
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