

CCPI2021@ VIRTUAL PLATFORM

22nd CCPI National Conference:September 25-26,

The 22nd National Conference of the Catholic Psychologists of India (CCPI) was successfully conducted on a **virtual platform on September 25-26, 2021**, due to the ongoing challenges and safety restrictions posed by the **COVID-19 pandemic**. The theme of the conference was **"COVID-19 Pandemic and Mental Health Crises: New Media Possibilities and Challenges in Teletherapy."** The conference focused on the psychological impact of the pandemic and the emerging role of teletherapy and digital media in mental health care.

The event was inaugurated by **His Excellency Mar Thomas Tharayil**, Auxiliary Bishop of Changanassery. The keynote address was delivered by **Dr. George Sebastian S.J.**, an expert in media studies from Marquette University, USA, who explored the potential and pitfalls of new media in teletherapy during the pandemic.

On the second day, **Dr. Sr. Dona SCV**, Clinical Psychologist, and **Dr. Diana Monteiro**, Director and Counseling Psychologist, presented papers on the **psycho-social impact of COVID-19 on different age groups**. A panel discussion moderated by **Rev. Bro. Sunil Britto CFC** provided valuable insights into managing mental health challenges across life stages.

The conference also featured **regional sharing, the CCPI Business Meet, and a valedictory session**. Members actively participated in discussions, reflecting the growing need for innovative psychological interventions in a post-pandemic world.

The virtual conference was well-received and marked by enthusiastic participation from Catholic psychologists across India.

