

CCPI 2020 @ VIRTUAL PLATFORM

21st National Conference: September 26, Saturday

The **21st National Conference of the Conference of Catholic Psychologists of India (CCPI)** was held on **September 26, Saturday**, via a **virtual platform** due to the COVID-19 pandemic and the associated safety restrictions on physical gatherings. Recognizing the pressing mental health challenges emerging in the post-pandemic world, the conference adopted the theme: **"Mental Health Challenges of Post Covid-19: Therapeutic Interventions."**

The conference was inaugurated and blessed by **His Grace Most Rev. Dr. M. Soosa Pakiam, L.S.S.S., THL, Metropolitan Archbishop of Trivandrum**, who emphasized the critical role of psychologists in offering emotional support and guidance to those affected by the pandemic.

The keynote address was delivered by **Rev. Dr. Sundar Wilson OFM Cap.**, Director of Anugraha Psychological Institute, Tamil Nadu, who provided valuable insights on therapeutic strategies to address post-COVID mental health concerns.

Led by **Fr. Dr. Thomas Mathilakathu CMI, President, Fr. Dr. Bernard Varghese OFM, Secretary**, and **Sr. Dr. Agnes Vazhappilly MSC, Executive Member**, the conference created an important platform for Catholic psychologists across India to collaborate, share expertise, and develop meaningful interventions to support psychological well-being in the wake of the pandemic.

