

## **CCPI 2017 @ Mangalore**

**18th CCPI National Conference: September 22-24, 2017**

**Shanthikiran, Diocesan Pastoral Centre, Bajjodi, Mangalore**

The **18th National Conference of the Catholic Psychologists of India (CCPI)** was held from **September 22-24, 2017** at **Shanthikiran, Diocesan Pastoral Centre, Bajjodi, Mangalore**. Organized by CCPI in collaboration with the Psychologists of Karnataka – Mangalore Region, the conference focused on the theme **“Positive Psychology – A Pathway to Well-being.”**

The event was inaugurated by **Dr. Aloysius Paul D’Souza, Bishop of Mangalore**, who emphasized the vital role of Catholic psychologists in promoting mental well-being. He reminded participants that while physical health is prioritized, mental health is equally essential for holistic growth. He stressed the responsibility of psychologists to help individuals build positive self-images and overcome internal struggles, following the compassionate example of Jesus.

**Dr. Fr. C. M. Joseph Cherukunel SDB**, President of CCPI, introduced the three-day conference and its focus on understanding positive emotions, enhancing human potential, and creating positive institutions. The conference also marked the **launch of the official CCPI website** by Bishop Aloysius Paul D’Souza.

Over **125 Catholic psychologists from across India** participated in the sessions, which featured expert resource persons addressing various topics:

**Strategies to Improve Well-being** – Dr. Kamallesh Singh

**Enhancing Human Potentials through Character Strengths** – Dr. Sr. Jenis Mary DHM

**Resilience and Human Potential** – Fr. A. R. John

**Creating Positive Institutions** – Ms. Ashwini N.V

**Positive Institutions in Education** – Fr. Wilson Chakkyath CMI

The conference concluded with a valedictory session on **September 24, 2017**. It was a vibrant platform for learning, networking, and professional growth in positive psychology.

